

# Boulder Valley Laser & Cosmetic

*Andrew C. Goldman, M.D., Medical Director*

*Board Certified Facial Plastic Surgeon*

## Patient Information:

\_\_\_\_\_  
First Name M. Last Name Sex: F/M/NB

\_\_\_\_\_  
Home Address: Apt/Unit # City State ZIP

\_\_\_\_\_  
Home Phone: Cell Phone: Email address:

DOB: \_\_\_\_\_ Age: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

## Medical History:

List all medications you are currently taking or have taken in the last 6 months (prescription and OTC):

Medication (s) (Especially Aspirin) and Frequency:

\_\_\_\_\_

Do you take herbal supplements and/or vitamins (especially Gingko, Ginger, Garlic, St. John's Wort, C, E, Fish oils)?:

\_\_\_\_\_

List all drug allergies:

\_\_\_\_\_

Are you a smoker? YES or NO If YES, how many cigarettes per day? : \_\_\_\_\_

If you have quit, how long ago? \_\_\_\_\_

How much alcohol do you drink? \_\_\_\_\_ Caffeine? \_\_\_\_\_

Have you had the following?

Y  N Diabetes  Y  N Issues with Scarring  
 Y  N Asthma  Y  N Auto Immune  
 Y  N Currently Pregnant or  Y  N Bleeding Disorders  
Nursing

List all surgeries that you have had: (Include Plastic Surgery)

Date: \_\_\_\_\_ Surgery: \_\_\_\_\_

Have you or anyone in your family ever had unusual reactions to anesthesia? YES or NO

Have you ever had Botox injections? YES or NO

Have you ever had any type of Fillers? YES or NO

What type of Filler? \_\_\_\_\_

## Your Skin Care

1. Have you ever had a facial treatment before? YES or NO

If so, what type of treatment? \_\_\_\_\_

2. Have you ever had melasma (or chloasma)? YES or NO If so, when? \_\_\_\_\_

Has anyone in your family had melasma? \_\_\_\_\_

3. What is your ethnicity? \_\_\_\_\_

4. Have you ever had chemical peels, laser or microdermabrasion? YES or NO

In the last month? YES or NO

5. Do you use Retin-A, Renova, Adapalene, Adapalene Hydroxyl Acid or Retinol/vitamin A derivative products? YES or NO

a. Have you used any of these products in the last 3 months? YES or NO

If yes, which one: \_\_\_\_\_

b. Have you ever used Accutane? YES or NO When? \_\_\_\_\_ For how long? \_\_\_\_\_

6. Have you recently used any self-tanning lotions, creams or treatments? YES or NO

If yes, please specify: \_\_\_\_\_

**I certify that the above information is true and correct, to the best of my knowledge.**

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_